

## TRAINING PROGRAM OVERVIEW

This training program is mandatory for all persons having regular direct contact with clients residing at W.H.E. Network's Healing Centers

### OBJECTIVES:

- To give an overview of the programs and services offered at the healing centers
- To help staff/volunteers understand the dynamics of domestic violence and related abuse
- To expose staff/volunteers to the policies and procedures necessary to maintain efficiency and effectiveness in center management and service delivery.
- To teach staff/volunteers how to relate to and serve clients in a professional and Christ-like manner.
- To provide an environment where staff, volunteers and clients can grow as they learn to appreciate, support and value each other.



### REQUIREMENTS:

1. Attendance at all sessions
2. Participation in group activities
3. Completion of Assignments
4. Criminal Back Ground Check

### METHODOLOGY:

1. Lectures
2. Group Discussions/Exercises/Role Plays
3. Viewing of DVD/Video Tapes
4. Question & Answer Periods
5. One written assignment (3 pages maximum)

### CERTIFICATE OF COMPLETION:

You will be awarded a certificate of completion upon fulfillment of all course requirements.

## *Staff / Volunteer Training Program*

*for*

*Ellen's, Frieda's and Ellen's Healing Centers*

*(Women's Healing and Empowerment Network)*



*Instructor: Mable C. Dunbar, Ph. D., LPC.*

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For Registration Information:

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or

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## **SCHEDULE**

### **Session 1:**

Introduction and Overview  
Why We Are Here!

### **Session 2:**

What is Domestic Violence?  
Forms of Abuse  
Characteristics and Cycle of Abuse and Domestic Violence  
Behavioral Characteristics of the Victim and the Batterer  
Myths and Facts About Domestic Violence

### **Session 3:**

Domestic Violence Life Cycle  
Dating  
Children  
Adulthood  
Effects of Abuse Over Time

### **Session 4:**

The Community's Perspective  
Community Action Coordinated Model  
Safety Support  
What You Can Do!  
Coordinated Community Response

### **Session 5:**

The Religious Perspective vs. The Christian's Perspective  
Some Thoughts  
An Appropriate Response  
Watch Out For Rescuing!

### **Session 6:**

Insights into Working With Women in Crisis  
Factors That Make it Difficult for us to Give Help  
Personal and Group Reflections

### **Session 7:**

Ethical Policies and Guidelines  
Personnel Code of Ethics  
Legal Issues

### **Session 8:**

Volunteer Information  
Volunteer Job Description  
Safety Plans  
Operational Procedures  
Resources  
Statistical Information  
State Coalitions

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